



Classic Cream Loaf is packed with vitamins and minerals which function in the body as follows:

Vitamins A: protects the body against infection and disease and is important for good vision.

Thiamin, Riboflavin, Niacin and Pyridoxine: these vitamins enable the body to change the food you eat into energy, helps your nervous system to work properly and is important for healthy skin.

Folic Acid: helps to form body proteins generic materials and red blood cells.

Calcium: is essentials for strong bones and teeth.

Iron: helps maintain healthy red blood cells, which play a role in oxygen transportation.

Zinc: is essential for growth, helps the body in resisting infection.

NUTRITIONAL INFORMATION			
PER DAILY INTAKE OF 200G			
Composition	per 100g	+5 slices	% rda
Niacin	(mg)	4.0	45%
Folic Acid	(g)	4.5	20%
Iron	(mg)	1.85	25%
Sodium	(mg)	410	200m day
Vitamin A	(igRE)	95	25%
Vitamin C	(mg)	100m	82%
Fibre	(g)	6.8	25%
Thiamin			25%
Riboflavin			25%
Energy	(kg)	932	
Protein	(g)	8.9	37%
Zinc	(mg)	1.9	18%
Calcium	(mg)	142	23%
INGREDIENTS			
Flour, Sugar, Butter, Improver, Yeast, Preservative (Calcium Propionate), Eggs, Salt, Water, Milk and Soya Flour.			

A PRODUCT OF BOLIN BAKERIES
8, Erukaye Street, Off Odogun Avenue, New Layout,
Jakpa Road, Ekpan-Warri, Delta State.

Customer Care:
08082032448, 08051750382, 08079060807.

HOTLINE:
Net Wt: 850g

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